

Bennett Elementary Breakfast Menu

This Institution is an Equal Opportunity Provider

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	30
All breakfast is served with fruit juice and milk	Pancakes and sausage or cereal, toast, fruit, fruit juice, milk	Frudel or cereal, toast, fruit, fruit juice, milk	Ham/egg/cheese sandwich or cereal, toast, fruit, fruit juice, milk	Breakfast bagel or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk

Check back often for changes in the lunch menu <https://www.bennett.k12.ia.us/>

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August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	30
ALT peanut butter and jelly or hot dog	Chicken nuggets, mashed potatoes, corn, peaches, mixed fruit, cookie	Tenderloin on WG/bun, tomato slices, baked beans, applesauce, milk	Cheeseburger on WG/bun, fries, tomato slices, pineapple, blueberries, milk	Teriyaki chicken, rice, broccoli w/cheese, orange slices, apple slices, milk	Pizza, toss salad, carrots, tropical fruit, milk

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Bennett Elementary Breakfast Menu

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September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
All breakfast is served with fruit juice and milk	NO SCHOOL	Cereal, toast, fruit, fruit juice, milk	Pancakes w/sausage links or cereal, toast, fruit, fruit juice, milk	Biscuit w/sausage gravy or cereal, toast, fruit, fruit juice, milk	Cinn roll or cereal, toast, fruit, fruit juice, milk
8	9	10	11	12	13
	Bagel w/cream cheese or cereal, toast, fruit, fruit juice, milk	Waffles or cereal, toast, fruit, fruit juice, milk	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Breakfast wrap or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk
15	16	17	18	19	20
	Frudel or cereal, toast, fruit, fruit juice, milk	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk	French toast w/sausage links or cereal, toast, fruit, fruit juice, milk	Breakfast sandwich or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
22	23	24	25	26	27
	Pancakes w/sausage links or cereal, toast, fruit, fruit juice, milk	Egg/ham/cheese wrap or cereal, toast, fruit, fruit juice, milk	Breakfast burrito or cereal, toast, fruit, fruit juice, milk	Muffin or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk
29	30				
	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk				

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September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
ALT peanut butter and jelly or hot dog	NO SCHOOL	Popcorn chicken, mashed potatoes, corn, blueberries, strawberry cookie, milk	Meatball sub on WG/bun, fries, baked beans, applesauce, fruit juice, milk	Goulash, green beans, broccoli, garlic toast, mixed fruit, pears, milk	Chicken strips, potato wedges, corn, peaches, raisins, goldfish, milk
8	9	10	11	12	13
	Deli day: turkey, ham, or cheese, chips, carrots, pineapple, mixed berries, milk	Bennett Special w/WG bun, baked beans, cherry tomatoes, applesauce, milk	Turkey w/gravy, mashed potato, peas, peaches, banana, milk	Spaghetti, green beans, toss salad, garlic bread, mixed fruit, grapes, milk	Pizza crunchers w/marinara sauce, toss salad, peaches, raisins, milk
15	16	17	18	19	20
	Cheeseburger on WG/bun, fries, baked beans, tomato slices, orange slices, blueberries, milk	Chicken and noodles, peas, toss salad, bread/butter, pears, melon, milk	Walking taco; chips, meat, cheese, lettuce, refried beans, salsa, applesauce, orange wedges, cookie, milk	Orange chicken, brown rice, stir fry veggies, jonny pop, apple slices, bread/butter, milk	Pizza, corn, toss salad, melon, peaches, milk
22	23	24	25	26	27
	Breaded chicken patty on WG/bun, fries, carrots, tomato slices, fruit juice, apricots, milk	Teriyaki chicken, rice, broccoli w/cheese, peaches, apple slices, bread/butter, milk	Breaded cheese stick w/marinara sauce, veggies, sidekicks, applesauce, milk	Tacos: hard or soft shell, meat, salsa, lettuce, cheese, refried beans, mand oranges, pears, cookie, milk	Bennett Special on WG/bun, potato stars, tomato slices, applesauce, grapes, milk
29	30				
	Chicken alfredo, peas, toss salad, garlic toast, peaches, oranges, milk				

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