

Bennett Elementary Breakfast Menu

This Institution is an Equal Opportunity Provider

November 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|--|
| | | | 1 | 2 | 3 |
| All breakfast is served with fruit, fruit juice, and milk | | | Biscuit and sausage gravy or cereal, toast, fruit, fruit juice, milk | Breakfast bagel w/egg and cheese or cereal, toast, fruit, fruit juice, milk | Donut or cereal, toast, fruit, fruit juice, milk |
| 5 | 6 | 7 | 8 | 9 | 10 |
| | Pancakes w/sausage, or cereal, toast, fruit, fruit juice, milk | Breakfast burrito or cereal, toast, fruit, fruit juice, milk | Breakfast bagel, or cereal, toast, fruit, fruit juice, milk | Yogurt w/granola or cereal, toast, fruit, fruit juice, milk | Long John or cereal, toast, fruit, fruit juice, milk |
| 12 | 13 | 14 | 15 | 16 | 17 |
| | Bagel w/cream cheese or cereal, toast, fruit, fruit juice milk | French toast and sausage or cereal, toast, fruit, fruit juice, milk | Fruited or cereal, toast, fruit, fruit juice, milk | Breakfast pizza or cereal, toast, fruit, fruit juice, milk | NO SCHOOL |
| 19 | 20 | 21 | 22 | 23 | 24 |
| | Pancake on a stick or cereal, toast, fruit, fruit juice, milk | Muffins or cereal, toast, fruit, fruit juice, milk | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| 26 | 27 | 28 | 29 | 30 | |
| | Cereal, toast, fruit, fruit juice, milk | French toast and sausage or cereal, toast, fruit, fruit juice, milk | Breakfast pizza or cereal, toast, fruit, fruit juice, milk | Yogurt w/granola or cereal, toast, fruit, fruit juice, milk | |

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|--|---|--|---|---|---|
| | | | 1 | 2 | 3 |
| ALT peanut butter and jelly or hot dog | | | Walking taco, meat, cheese, lettuce, chips, salsa, refried beans, peaches, orange slices, milk | Chicken alfredo, peas, toss salad, pineapple, orange wedges, cookie, milk | Beef dippers, fries, carrots, peaches, kiwi wedges, bread and butter, milk |
| 5 | 6 | 7 | 8 | 9 | 10 |
| | Goulash, garlic bread, toss salad, green beans, pears, orange wedges, milk | Pizza, toss salad, carrots, apple slices, banana, milk | HOLIDAY MEAL Turkey, mashed potatoes, green beans, corn, applesauce, peaches, dessert, milk | Rib patty on WG/bun, baby carrots, baked beans, strawberries, raisins, cookie, milk | Breaded cheese stick w/marinara sauce, veggies w/ranch, mand oranges, pineapple, milk |
| 12 | 13 | 14 | 15 | 16 | 17 |
| | Chili or chicken noodle soup, veggies w/ranch, applesauce, pears, crackers, coffee cake, milk | Mac and cheese, veggies, orange slices, blueberries, cookie, milk | Delj day: ham, turkey, or cheese on WG/bun, tomato slices, veggies w/ranch, peaches, apricots, milk | Chicken strips, potato wedges, toss salad, mixed berries, pineapple, cookie, milk | NO SCHOOL |
| 19 | 20 | 21 | 22 | 23 | 24 |
| | Orange chicken, stir fry veggies, brown rice, carrots, blueberries, peaches, milk | Hot dog on WG/bun, chips, baked beans, applesauce, pears, milk | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| 26 | 27 | 28 | 29 | 30 | |
| | Spaghetti, green beans, toss salad, breadstick, orange wedges, pineapple, milk | Breaded chicken patty on WG/bun, tomato slices, baked beans, toss salad, applesauce, pears, milk | Beef and noodles, bread and butter, peas, carrots, apple wedges, slushie, milk | Hot ham and cheese on WG/bun, broccoli w/cheese, toss salad, grapes, tropical fruit, milk | |

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