

Bennett Elementary Breakfast Menu

This Institution is an Equal Opportunity Provider

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1
					Donut or cereal, toast, fruit, fruit juice, milk
3	4	5	6	7	8
	NO SCHOOL	cereal, toast, fruit, fruit juice, milk	Pancakes and sausage links or cereal, toast, fruit, fruit juice, milk	Biscuit w/sausage gravy or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
10	11	12	13	14	15
	Bagel w/cream cheese or cereal, toast, fruit, fruit juice, milk	Waffles or cereal, toast, fruit, fruit juice, milk	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Breakfast pizza or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice. milk
17	18	19	20	21	22
	Frudel or cereal, toast, fruit, fruit juice, milk	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk	Pop tarts or cereal, toast, fruit, fruit juice, milk	Breakfast sandwich or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
24	25	26	27	28	29
	Pancakes w/sausage links or cereal, toast, fruit, fruit juice, milk	Eggs, ham and cheese wrap or cereal, toast, fruit, fruit juice, milk	Frudel or cereal, toast, fruit, fruit juice, milk	Muffin or cereal, toast, fruit, fruit juice, milk	Cinnamon roll or cereal, toast, fruit, fruit juice, milk

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1
Hot dog or peanut butter jelly					Pizza crunchers, w/marinara sauce, toss salad, carrots, mixed fruit, applesauce, milk
3	4	5	6	7	8
	NO SCHOOL	Popcorn chicken, mashed potatoes, corn, blueberries, strawberry cookie, milk	Meatball sub on WG/bun, fries, baked beans, applesauce, fruit juice, milk	Goulash, green beans, broccoli, garlic toast, mixed fruit, blueberries, pears, milk	Chicken strips, mashed potatoes, corn, peaches, raisins, cookie, milk
10	11	12	13	14	15
	Chicken nuggets, mashed potatoes, corn, pineapple, mixed berries, bread/butter, milk	Walking taco; chips, meat, cheese, lettuce, refried beans, salsa, applesauce, orange wedges, cookie, milk	Turkey w/gravy, mashed potato, carrots, peaches, banana, milk	Spaghetti, green beans, toss salad, garlic bread, tropical fruit, grapes, milk	Pizza crunchers w/marinara sauce, toss salad, peaches, raisins, milk
17	18	19	20	21	22
	Cheeseburger on WG/bun, fries, baked beans, tomato slices, orange slices, blueberries, milk	Chicken and noodles, peas, toss salad, bread/butter, pears, melon, milk	Breaded cheese stick, marinara sauce, veggies, tropical fruit, apple wedges, milk	Orange chicken, brown rice, stir fry veggies, jonny pop, apple slices, bread/butter, milk	Pizza, corn, toss salad, melon, peaches, milk
24	25	26	27	28	29
	Breaded chicken patty on WG/bun, fries, carrots, tomato slices, fruit juice, apricots, milk	Pizza, toss salad, carrots, blueberries, pears, milk	Teriyaki chicken chow mein, broccoli w/cheese, peaches, apple slices, bread/butter, milk	Tacos, hard or soft shell, meat, salsa, lettuce, cheese, refried beans, mand oranges, pineapple, cookie, milk	Bennett special on WG/bun, potato stars, tomato slices, applesauce, grapes, milk

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